

How to use the Defibrillators in our villages and Save a Life

Please keep this guide

There are now three defibrillators installed in our Parish available to any member of the public for use in case of emergency. They are placed at:

Cabinet No. 722 - On the front wall of the Cricket Club at Winscombe recreation ground, The Lynch, Winscombe BS25 1AZ

Cabinet No. 899 - On the wall by the main entrance to the Community Centre in Sandford Road, Winscombe BS25 1JA


Cabinet No. 575 - On the front wall of Thatchers Cider company Reception, Myrtle Farm, Station Road, Sandford

REMEMBER: If someone has a heart attack, time is of the essence - be ready to use one of these defibrillators if the occasion arises.

Please familiarise yourself with and follow these easy steps:

- 1) Ensure you have a mobile telephone with you (or have someone with you who has one).
- 2) Go to the nearest Defibrillator and look for the unique three figure number of the defibrillator cabinet – either on the box itself (just under the code lock) or on a notice by the side.
- 3) Use the mobile telephone to **Call 999** and ask for the **ambulance service**.
- 4) Tell the Ambulance operator you need to use the defibrillator and give your location **AND** the number of the cabinet.
- 5) The operator will ask you a few questions and give you the access code to open the defibrillator box.
- 6) Remove the defibrillator and resuscitation pack from the cabinet – the ambulance service will stay on the telephone and give you verbal assistance if required.
- 7) When back by the patient, switch on the defibrillator and it will then provide you with verbal instructions for its use. **Think Safety, look around before pushing the button to shock and SHOUT “STAND CLEAR SHOCKING” and look to ensure everyone is clear.**
- 8) The defibrillator cannot be used incorrectly as it will only deliver a shock to the patient if it detects it is necessary.
- 9) There are scissors in the resuscitation pack to assist with the removal of clothing and a pocket rescue mask to carry out CPR if needed.
- 10) If you are unable or unwilling to give ventilations, simply do “hands only” chest compressions

Supported by:

South Western Ambulance Service 
NHS Foundation Trust



The Occasional Parish Council Newsletter Number 15 September 2015



Hopefully, this Newsletter will enable you to:

- find out what your PC is doing and thinking of doing;
- tell us what needs doing;
- find information about the parish;
- make contact with North Somerset Council

We like to hear of your concerns and of any issues that you wish to bring to our notice. You can do so using any of the following:

- calling at the Parish Office, Community Centre Building;
- opening times: Monday and Thursday: 10am to noon;
- telephoning, 01934 844257;
- Emailing, winscombepc@lineone.net;
- writing to **Lynne Rampton**, our Parish Clerk.



Woodborough Farm Site - a possible GVA building development.

During a public meeting GVA has given a time-line for pre-application work that is likely to result in a late summer 2015 outline planning application for up to 175 units, including affordable housing, for the Woodborough Farm Site.

In addition, representative from GVA attended a meeting of the Parish Council Planning Committee on 15th June to provide feedback from the public exhibition and a copy of their presentation can be found at:

<http://www.winscombeandsandfordpc.org.uk/documents/GVA%20Presentation%20o%20WSPC%2015%20June%202015%20FINAL.pdf>

Winscombe Christmas late night shopping. Tuesday, 1st December 2015

Would your club/society/group be prepared to provide road-closure-marshalling for this village event? This request is open to any club /society/group within the parish that has its own insurance and can complete the following:

1. provide ten marshals to act at the road-closure-barriers on this particular evening from 5.45pm to 9.00pm, so ensuring that no traffic enters the closed-off sections of road;
2. provide at least ten marshals (with a minimum age of 16 years) including at least four aged twenty-one years or over;
3. provide marshalling for each of four barriers.
4. ensure that the team has at least one member with a traffic parking licence;
5. ensure that each team member has and wears a Hi Viz. jacket;
6. prior experience of traffic marshalling, while a benefit, is not essential;
7. provide polite but firm action when refusing entry;
8. attend promptly by 5.45pm on this evening for briefing and barrier allocation;

Any club, Society or group interested should contact the parish clerk at the Parish Council Office - closing date: 20th October 2015. The successful group will, on completion, receive a donation of £250.



**Full Parish Council Meetings - Sandford Village Hall - 7.30pm .
28th September. 26th October. 23rd November 2015**



Email version of your newsletter. To email you a more detailed version of this newsletter, the Parish Council must have your permission. To give this permission use the panel on the front page of the 'new' parish council website.

www.winscombeandsandfordpc.org.uk

All information will be kept strictly confidential.

Woodborough Green. Does it matter for our community?

Woodborough Green is most of the area between the frontage of the Woodborough Inn and Sandford Road. It was registered as a Village Green by the Parish Council in 1982, under the Commons Registration Act 1965.

The Commons Registration Act 1965 says that 'Village Green' means land for 'lawful sports and pastimes' for local inhabitants. Lawful sports and pastimes are not restricted to the activities which were enjoyed before the registration. Village Green rights legally exist regardless of who owns the land the Village Green is on. Currently, Woodborough Green is owned by Heartstone Inns Limited of 1 London Street, Reading.

Does The Green matter to you?

Please send in your views to our Parish Clerk, email winscombecp@lineone.net, or by hand to the Parish Office.

Parish Allotments

Our allotments develop a good community spirit and are supported by experienced gardeners who, while working there, can give guidance to the novice gardener.

Our orderly, Jenny Nicholas, a knowledgeable gardener, is usually available for help and advice. Situated alongside our village cemetery in Ilex Lane, this unique location gives an air of peace and tranquility.

The allotments can provide fresh fruit and vegetables of a very high quality. As with most opportunities there is a short waiting list which is held at the parish office for those wanting an allotment. Within eighteen months you could well have your own plot and, perhaps, by Christmas could be eating your very own fruit and vegetables. Then, you will see that working an allotment is well worth the effort, not to mention the exercise and pleasure gained. Why not join up?



Keeping Nature under control

Have you found yourself whipped in the face by someone else's overhanging bush, or obliged to walk in the road to avoid encroaching vegetation?

To protect nesting birds, RSPB recommends **not** to trim a hedge between March and August. So, now is the time to make sure that **your** hedges and other vegetation are kept trimmed in order that walkways, footpaths and roads are not obstructed.

Notice of Conclusion of External Audit for the year ending 31st March 2015

In the opinion of Grant Thornton, appointed external auditor to the Parish Council, the information submitted in the annual return is in accordance with proper practices and no matters have come to the attention of the auditors giving cause for concern that the relevant legislation and regulatory requirements have not been met. Notices of the conclusion of the audit are currently displayed on Parish Council notice-boards in the required manner and a copy may also be found here:

<http://www.winscombeandsandfordpc.org.uk/documents/Notice%20of%20audit%20conclusion.pdf>

Audit Report

Local bus services - use them or lose them!

We have three bus services available: 126 (First Bus, which runs between Wells and Weston) and 26 (Webberbus, which also runs between Wells and Weston, but also enables travel between Street and Bridgwater by linking its service to bus 37 at Wells and the 76 bus at Weston, which calls at Weston General Hospital and then goes on to Burnham and Bridgwater.



See <http://www.webberbus.com/files/6814/2496/4604/26-76.pdf>

Bus 121 has been renamed A2 (First Bus) and now runs hourly between 4 train stations - Weston, Milton, Worle, stations to Bristol Airport ending at Nailsea and Backwell Station, starting at 5 am and finishing at 11 pm, Mon-Sat). From the airport there is an Airport Flyer (A1) bus every 10 min to Bristol, while at Nailsea the X1, W1 & X8 buses enable convenient travel to Bristol, Clevedon and Portishead). From 25th August the A2 route will extend to Clevedon and Portishead.

See <http://travelwest.info/bus/services-information/a2-link-service>

Elderly residents with bus passes can travel free after 9 am on any bus, including the A1, while for younger people a 50% discount is available on the A1 if you live in post code area BS25, via the Bristol Airport's Local Community Concession Scheme. (The application form can be downloaded from the Bristol Airport website.)

Remembering the Fallen

Just one year ago, the nation marked the centenary of the outbreak of World War 1, a time when 'the lamps were going out all over Europe.' Despite confident predictions, the war was not over by Christmas and in May 1915 the Canadian Physician Dr John McCrae penned the poem 'In Flanders Fields.' Inspired by the death of his friend, Alexis Helmer, the poem ends: with the lines:

*If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

The end of the war was followed by the creation of many memorials to the fallen, both at home and abroad. In this parish, memorials to those who served, and died, were raised. In Winscombe, the carved wooden triptych was initially placed on display at the bottom of The Green but in 1921 was moved to the porch of St James, where it remains today on display. In Sandford, a carved triptych was sited opposite All Saints, on the corner with Nye Road. Amongst those listed on the memorial was Private Albert Dudden, a resident of Sandford. In 1911 he was living at Sandford Hill, working as a road man for the local council. Aged 35 at the outbreak of war, he joined the Welsh Regiment. He arrived in Flanders in January 1915 but was killed in action on 5 May 1915. Not only is he remembered in this parish, but also, along with Alexis Helmer and over fifty thousand other men, at the Menin Gate at Ypres, Belgium.

The Sandford memorial appears to have taken the full force of the elements, and in 1944 Mr Sanders was asked to repair the memorial, using 'some very old oak in his possession.' At the same time the names on it were to be rewritten. The following year the memorial was re-fixed, and Mr Dyer was asked to 'varnish it, and to fix a weatherboard over it.' At some point the memorial was removed, and it appears to have been lost; **if anyone has any information about its fate, it would be of great interest to the editor.** But Sandford has a 'new' war memorial, of stone, outside Humphry's Garage. Dedicated on Battle of Britain Sunday, 1981 it commemorates 'those people of Sandford who gave their lives in the world wars.'